



*In-Room Dining Menu*

EAT  
WELL



BLANK

# IN-ROOM DINING

Our appetizing room service menu options include antioxidant-rich SuperFoodsRx® dishes, which pair certain whole foods to boost their benefits and their flavors.

*Tempt your palate and always eat well at Westin.*

# SUPERFOODS



## APPLES

Bursting with antioxidants, including polyphenols, flavonoids and vitamin C

## AVOCADO

High in fiber, folate, potassium, vitamin E and magnesium

## BEANS

Low-fat source of protein, fiber, B vitamins, iron, folate and magnesium

## BLUEBERRIES

Packed with exceptionally high levels of antioxidant phytonutrients

## BROCCOLI

Generous amounts of fiber, vitamins B6, C and E and a healthy portion of vitamin K

## CINNAMON

One of the oldest known spices, long used in traditional medicine

## DARK CHOCOLATE

Provides antioxidant flavonols

## DRIED SUPER FRUITS

Concentrated source of health-promoting nutrients

## EXTRA VIRGIN OLIVE OIL

Great source of vitamin E

## GARLIC

Nutrient rich, including vitamins B6 and C, phosphorous, zinc and selenium

## HONEY

Antioxidant activity stems from peptides, organic acids and enzymes

## KIWI

Offers vitamin C, folate, potassium and fiber and is a low-calorie source of vitamin E

## LOW-FAT YOGURT

Includes live active cultures, protein, calcium and B vitamins

## OATS

Low in calories, high in fiber, protein, magnesium, potassium, zinc and copper

## ONIONS

Rich dietary source of flavonoids and phytonutrients

## POMEGRANATES

Abundant in potassium, vitamin C, polyphenols and vitamin B6

## PUMPKIN

Low in calories and extremely high in fiber, vitamins C and E and carotenoids

## SPINACH

Contains iron, antioxidants, vitamin K, coenzyme Q10 and omega-3 fatty acids

## TEA

Brimming with antioxidants and important vitamins and minerals

## TOMATOES

Supply fiber and are a rich source of the antioxidant lycopene

## TURKEY

One of the leanest meat protein sources, also contains vitamins B6 and B12 and zinc

## SOY

Great source of vitamins, minerals, plant protein and soluble fiber

## WALNUTS

Provide fiber, protein, B vitamins, magnesium and antioxidant vitamin E

## WILD SALMON

High in protein, and one of the richest sources of omega-3 fatty acids

For more information, visit [superfoodsrx.com](http://superfoodsrx.com)

## BREAKFAST

Available from 6:00 a.m. to 11:00 a.m.  
touch service express®

### FRUITS, JUICES AND YOGURTS

Freshly squeezed orange juice	4
Tomato, V8, pineapple juice, ruby red grapefruit or apple juice	4
Low- fat fruit yogurt	5
Plain yogurt	5
Fresh seasonal melon or half grapefruit	5
Fresh strawberries or sliced bananas	6

### BREADS AND PASTRIES

Served with butter and fruit preserves

Danish pastries, croissants, fruit muffin, banana bread or toasted bagel and cream cheese	7
Rye, white, wheat, raisin, sourdough bread or english muffin	4

### CEREALS & SIDE ORDERS

Raisin Bran, Corn Flakes, Rice Krispies, Froot Loops, Frosted Flakes or granola	5
Hot grits	5
Bacon (four slices)	5
Sausage (three patties)	5
Breakfast potatoes	5

### COFFEE & BEVERAGES

Coffee and tea by the pot

### FRESHLY BREWED STARBUCKS BLEND COFFEE

Regular or decaffeinated small pot (three to four cups)	12
Large pot (four to six cups)	15

Hot tea, hot chocolate, whole, Skim, 2%, chocolate or soy milk	4
Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Bottled water or Perrier	4
Tazo teas: Earl Grey, Lotus, Wild Sweet Orange or Passion	4

### SPECIALTY COFFEE

Espresso	6
Cappuccino	6

### BLUEBERRY BANANA SMOOTHIE Superfood

Made with soy milk, honey, all natural granola brittle	7
--	---

## BREAKFAST

Available from 6:00 a.m. to 11:00 a.m.  
touch service express®

### THE WESTIN CONTINENTAL

Choice of freshly squeezed orange, grapefruit or apples juice, fresh sliced melon, choice of pastry served with butter and fruit preserves and freshly brewed coffee or tea 14

### BUTTERMILK PANCAKES

Served with maple syrup and butter 14

### BELGIAN WAFFLE

Served with maple syrup and butter 15

### FRENCH TOAST

Texas toast in vanilla cinnamon batter with syrup and butter 15

### STEEL-CUT CINNAMON-SCENTED OATMEAL

Sliced banana, pecans and drizzled with honey 7

### SPICY SMOKED TURKEY TACO

Scrambled egg, cheddar and salsa 13

### WESTIN COMPLETE

Two eggs cooked to order with your choice of bacon, ham or sausage, served with breakfast potatoes and choice of juice and coffee and choice of bread 15

### BUILD YOUR OWN OMELET

Three-egg omelet made to order with your choice of cheddar cheese, ham, onions, bell peppers, mushrooms, or chopped tomatoes served with breakfast potatoes and choice of bread 15

### STEAK AND EGGS

Tender 8-ounce New York strip served with three eggs cooked to order, breakfast potatoes and choice of bread 19

### EGG WHITE OMELET, BROCCOLI AND CHEDDAR

Cured roma tomatoes, crisp hash browns or spring salad served with breakfast potatoes and choice of bread 15

### BLUEBERRY ORANGE GRANOLA PANCAKES

Citrus berry salad, maple syrup and whipped butter 15

## ALL DAY DINING

Available from 11:00 a.m. to midnight  
touch Service Express®

### APPETIZERS

KILLER QUESO Guacamole, sour cream and chili	9
HOUSEMADE CHIPS AND SALSA	7
CHILLED JUMBO SHRIMP COCKTAIL Jumbo lime-chili marinated shrimp with a side of cocktail sauce	12
SOUTHWESTERN CRAB CAKES Chili aioli and roasted corn salsa garnished with green cabbage slaw	13
GRILLED CHICKEN WINGS Mesquite-smoked and grilled with spicy or bbq sauce	12
SALMON MEDALLIONS  Pan seared salmon on a bed of diced green apple and celery with chipotle mojo sauce	12
QUESADILLAS	
Roasted corn, black beans, cheddar and jack cheeses	10
With chicken	12
With shrimp	13
With beef	13

## ALL DAY DINING

Available from 11:00 a.m. to midnight  
touch Service Express®

### SOUPS & SALADS

#### SOUP

Baked potato soup	6
Soup of the day	6

#### SALAD

CAESAR SALAD	10
With grilled chicken	13
With smoked salmon	15
With grilled shrimp	17

#### CHOPPED SOUTHWESTERN COBB

Spicy chicken, avocado, applewood smoked bacon, tomato, black olives, cheddar cheese and chili roasted peanuts with chipotle ranch dressing	14
---	----

#### TACO SALAD

Fresh mixed greens with fajita beef, pico de gallo, guacamole sour cream, tomatoes, black olives and shredded jack and cheddar cheese in a large tortilla with a side of fresh salsa	13
---	----

#### QUINOA SALAD WITH LEMONGRASS AND CILANTRO

10

#### FRESH FRUIT SALAD

Honey yogurt dressing	10
-----------------------	----

#### WEDGE SALAD

Roma tomatoes, applewood smoked bacon and blue cheese crumbles	11
---	----

#### MARKET GREENS WITH RED BEETS

Cooked red beets tossed with tender field greens and citrus vinaigrette	10
--	----



## ALL DAY DINING

Available from 11:00 a.m. to midnight  
touch Service Express®

### SANDWICHES

Served with choice of housemade chips, french fries,  
fruit cup, chili dusted onion rings or side salad

#### GRILLED CHICKEN WRAP

Jicama black bean and corn relish with pepper jack  
cheese, tomato, lettuce and chipotle mayonnaise  
in a honey wheat tortilla

12

#### BLUEFIRE CLUB

Pesto mayonnaise, house-smoked turkey breast,  
cheddar cheese, applewood-smoked bacon and  
lettuce on fresh, thick cut sourdough bread

12

#### TORTILLA STEAK AND CHEESE

Thinly sliced steak with southwestern spices, grilled  
with onions, peppers and jalapeno jack cheese,  
finished with a cumin scented sour cream  
and rolled in a tomato tortilla

12

#### TEXAS DIP

Thinly sliced, house smoked prime rib on ciabatta

13

#### BLUEFIRE BURGER

Choice of beef, turkey or veggie hand-made burger,  
grilled and served on a sourdough bun with lettuce and  
tomato, topping: cheese, pico de gallo, guacamole, jalapenos,  
bacon, sautéed onions, sautéed mushrooms, bbq sauce.

12

#### BUFFALO CHICKEN SANDWICH

Mesquite-smoked breast of chicken in our  
homemade buffalo sauce with ranch and  
longhorn cheddar cheese

12

#### GRILLED PORTOBELLO & ROASTED PEPPER

Monterey jack cheese, lettuce and tomato

10

#### RUBEN

Corned beef brisket with saurkraut, swiss cheese  
and thousand island dressing

13

#### TURKEY BLT

House cooked turkey breast on 7 whole grain bread with  
lemon mustard aioli, 4 slices of bacon and tomatoes

12

#### WHOLE WHEAT PASTA WITH SHRIMP POMODORO

Whole wheat pasta cooked al dente with tomato sauce  
broccoli asparagus finished with parmesan cheese

18

#### LINGUINI PASTA WITH SCALLOPS AND SHRIMP

2 jumbo butterflied shrimp and 2 jumbo sea scallops  
in a light scampi sauce with fresh lemon and basil

23

## ALL DAY DINING

Available from 11:00 a.m. to midnight  
touch Service Express®

BONE-IN NEW YORK STRIP STEAK 16 ounce grilled with smoked herb butter	36	FILET MIGNON 5 ounce	28
CHICKEN FLORENTINE Stuffed chicken breast with spinach, pine nuts, red and green peppers and parmesan cheese, served over parmesan risotto	25	10 ounce	38
SESAME SEARED TUNA <small>Super Food</small> Pan seared tuna with sweet potatoes, baby spinach and edamame mint aioli	29	STUFFED PORTOBELLO FLORENTINE Grilled portobello mushroom stuffed with spinach, pine nuts, sauteed onion, parmesan cheese, roasted peppers and mozzarella	21
MISO GLAZED SALMON <small>Super Food</small> Miso glazed salmon served over mashed potatoes	28	SIDES	
SOUTHWEST GRILLED TILAPIA Fresh tilapia filet with southwest seasonings finished with a yellow and red tomato relish	25	Asparagus	5
PRIME RIB Available after 5:00p.m. Mesquite-smoked and carved to order with au jus and horseradish sauce		Wasabi Mashed Potatoes	5
12 ounce	32	Creamed Spinach	5
16 ounce	37	Potatoes Au Gratin	5
BBQ BABY BACK RIBS Slow smoked in-house and finished with our homemade bbq sauce	32	Baked Potato	5
		Broccoli	5
		Mushrooms	5

## ALL DAY DINING

Available from 11:00 a.m. to midnight  
touch Service Express®

### PIZZA

#### 7" PIZZA

One topping	8
additional toppings	1 each

#### 12" PIZZA

One topping	12
additional toppings	1.50 each

#### 16" PIZZA

One topping	15
additional toppings	1.75 each

#### GRILLED PIZZA

Thin handmade crust

#### MEAT PIZZA

Italian sausage, pepperoni and tenderloin tips	13
--	----

#### MARGHERITA PIZZA

Roma tomato, fresh basil, mozzarella, cracked black pepper and garlic	13
--	----

SPINACH ARTICHOKE AND MUSHROOM PIZZA	13
--------------------------------------	----

## ALL DAY DINING

Available from 11:00 a.m. to midnight  
touch Service Express®

### DESSERTS

#### CRÈME BRULEE

Sweet vanilla custard topped with a caramelized sugar topping garnished with fresh berries and whipped cream

8

#### KILLER FUDGE CAKE

Four moist layers of chocolate cake wrapped with a decadent chocolate icing topped with hot fudge

8

#### COLOSSAL CARROT CAKE

Four layers of moist carrot cake with a cream cheese icing and coconut sprinkles

8

#### BREAD PUDDING

Croissant bread with white and dark chocolate pieces, fresh bananas and topped with a smooth and creamy vanilla sauce

8

#### BROWNIE SUNDAE

Your choice of a rocky road or turtle brownie topped with a scoop of rich vanilla ice cream and choice of chocolate or caramel sauce

8

#### COLOSSAL NEW YORK CHEESECAKE

Creamy New York cheesecake with a traditional graham cracker crust, available toppings: chocolate, caramel and fresh strawberries.

8

#### ICE CREAM SUNDAE

Two scoops of your favorite flavor: vanilla, chocolate or strawberry toppings include: chocolate sauce, hot fudge, caramel and whipped cream

8

#### STRAWBERRIES ROMANOFF

Strawberries tossed with raspberry sauce and honey finished with scoop of frozen yogurt

8

## ALL DAY DINING

*Available from 11:00 a.m. to midnight  
touch Service Express®*

### COFFEE & BEVERAGES

*Coffee and tea by the pot*

#### FRESHLY BREWED STARBUCKS BLEND COFFEE

##### REGULAR OR DECAFFEINATED SMALL POT

Three to four cups

12

##### LARGE POT

Four to five cups

15

Hot tea, hot chocolate, whole, skim, 2%, chocolate or soy milk

4

Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Bottled water or Perrier

4

Tazo teas: Earl Grey, Lotus, Wild Sweet Orange or Passion

4

##### SPECIALTY COFFEE

Espresso

6

Cappuccino

6

## ALL NIGHT MENU

Available from midnight to 6:00 a.m.  
touch service express®

### SOUP

Baked potato soup 6

### SALAD

CHICKEN CAESAR SALAD 13

CHOPPED SOUTHWEST COBB  
Spicy chicken, avocado, applewood-smoked bacon, tomato,  
black olives, cheddar cheese and chili roasted peanuts  
with chipotle ranch dressing 14

FRESH FRUIT SALAD  
Served with honey yogurt dressing 10

### SANDWICHES

BBQ BRISKET SANDWICH  
House smoked brisket sliced thin drizzled  
with homemade bbq sauce 12

GRILLED CHICKEN WRAP  
Jicama black bean and corn relish with pepper jack cheese,  
tomato, lettuce and chipotle mayonnaise in a  
honey wheat tortilla 12

BLUEFIRE CLUB  
Pesto mayonnaise, honey-smoked turkey breast,  
cheddar cheese, applewood-smoked bacon  
and lettuce on thick cut sourdough bread,  
served with potato chips 12

TEXAS DIP  
Thinly sliced, house smoked prime rib on ciabatta 10

BREAKFAST TO GO  
Bottle of water, apple, fruit muffin and yogurt 10

CEREAL  
Raisin Bran, Corn Flakes, Rice Krispies,  
Froot Loops, Frosted Flakes or granola 5

KILLER FUDGE CAKE  
Four moist layers of chocolate cake wrapped with a  
decadent chocolate icing topped with hot fudge 8

COLOSSAL CARROT CAKE  
Four layers of moist carrot cake with a cream cheese  
icing and coconut sprinkles 8

COLOSSAL NEW YORK CHEESECAKE  
Creamy New York cheesecake with a traditional graham  
cracker crust, available toppings:  
chocolate, caramel and fresh strawberries 8

## CHILDREN'S MENU

Available from 11:00 a.m. to midnight  
touch service express®

### BREAKFAST

**BUILD YOUR OWN GRANOLA PARFAIT**   
Low-fat vanilla Greek yogurt, organic granola,  
strawberries, blueberries and raspberries

**WHOLE WHEAT APPLE-RAISIN FRENCH TOAST**  
Served with apple slices, maple syrup and raisins garnish

**OATMEAL WITH APPLES AND WALNUTS**  
Served with apples, walnuts, honey and milk

**PEANUT BUTTER AND BANANA SANDWICH**  
Served on whole wheat bread with seasonal fruit

**BLUEBERRY & BANANA PANCAKE LOLLIPOPS**  
Banana and blueberries cooked into pancakes and  
served with low-fat yogurt, fruit salad and syrup

**BABY SPINACH & CHEESE OMELETTE**   
Served with fruit salad

### DRINKS


**FRUIT SMOOTHIE**   
Strawberries, blueberries and bananas blended  
with orange juice and honey

**STRAWBERRY YOGURT MILK SHAKE**  
Strawberries with low-fat vanilla Greek Yogurt

SOFT DRINKS AND JUICES

### LUNCH & DINNER

**FAMILY VEGETABLE PLATTER**   
Assortment of fresh, raw vegetables served with low-fat ranch sauce 10


**TURKEY LETTUCE WRAPS**   
Fresh lettuce wraps with ground lean turkey, ginger, onions, carrots,  
and crunchy noodles 10

**BUILD YOUR OWN PIZZA**  
Whole wheat crust ready to top with sauce, mozzarella cheese,  
cherry tomatoes, baby spinach, pineapple and low-sodium ham 10

7 **FILET MIGNON & SMASHED POTATO**   
3 oz. beef tenderloin with potatoes for smashing,  
served with broccoli, carrots and cherry tomatoes 10

7 **FISH TACOS**  
Lean white fish in soft-shell tacos with tomato, lettuce,  
grilled corn, jalapenos, mango and pico de gallo 10

7 **CHICKEN QUESADILLA**  
Served with black beans, rice and pico de gallo 10

7 **TURKEY SLIDERS**   
Grilled turkey burger served with carrots, celery sticks  
and low-fat cranberry mayonnaise 10

7 **CHICKEN FINGERS**   
Baked chicken with corn-flake breading served  
with carrots, celery sticks and low-fat ranch sauce 10

### DESSERT

5 **APPLE FRUIT SALAD**   
Cored apple filled with fresh fruit 4

5 **FRUIT KEBABS**  
Fresh fruit served with low-fat Greek yogurt and a cornbread cookie 4

**ICE CREAM**  
A scoop of vanilla ice cream topped with chocolate sauce 4

## ALCOHOLIC BEVERAGES *(By the Glass or Bottle)*

*Available from 12:00p.m. to 12:00 midnight  
touch service express®*

### BEER

#### DOMESTIC BEER

Budweiser, Bud Light, Coors Light, Miller Lite  
Blue Moon  
Shiner Bock  
Samuel Adams

#### IMPORTED BEER

Amstel, Corona, Heineken, Pilsner Urquell

#### SPECIALITY BEER

Becks  
Killians Red

#### NON - ALCOHOLIC BEER

St. Pauli

### LIQUOR

#### BOURBON

Bookers  
Jim Beam, Woodford Reserve  
Jack Daniels, Bulleit Rye  
Jameson  
Maker's Mark  
TX Bourbon

#### WHISKEY

Crown Royal  
Canadian Club  
FireFly Moonshine  
Seagram's 7

#### RUM

Bacardi Silver  
Captain Morgan  
Malibu  
Meyers Dark



## ALCOHOLIC BEVERAGES *(By the Glass or Bottle)*

*Available from 12:00p.m. to 12:00 midnight  
touch service express®*

### VODKA

Absolut  
Ciroc  
Grey Goose  
Kettle One  
Stoli  
Stoli Mandarin  
Stoli Vanilla  
Tito's (Texas)

### GIN

Bombay Sapphire  
Beefeater  
Hendricks  
Tanqueray  
Tanqueray # 10

### TEQUILA

Sauza Gold  
Patron Silver  
Cuervo Gold  
Reserve 1800 Reposado  
Don Julio Anejo

### SCOTCH

Glenfiddich 12yrs  
Chivas Regal 12 yrs  
Johnnie Walker Red  
Johnnie Walker Black  
Dewar's 12 yrs  
Glenlivet  
Macallan 12yrs  
Macallan 18yrs

## WORLDWIDE WINES

### SPARKLING

	GLASS	BOTTLE
J. Roget, BRUT, California	9	36
Rotari, BRUT, Italy (187 ml)		11
Mionetto, PROSECCO, Italy (375 ml)		14
Lamarca, PROSECCO, Italy	11	44
Chandon, BRUT, France	15	60
Mumm Napa, BRUT, Napa		52
Moet & Chandon, CHAMPAGNE, France		80
Gloria Ferrer, BRUT ROSE, Carneros, California		84
Veuve Clicquot, BRUT, France		125
Dom Perignon, CHAMPAGNE, France		200

### SWEET WHITES

Terra d'Oro, MOSCATO, California	8	32
Beringer, WHITE ZINFANDEL, California	10	40
Chateau Ste Michelle, RIESLING, Columbia, Washington	9	36
Anew, RIESLING, Columbia, Washington	10	40
Joel Gott, RIESLING, Columbia, Washington	10	40
Eroica, RIESLING, Columbia, Washington		42

### PINOT GRIGIO

Ecco Domani, Venezie, Italy	9	36
Placido, Venezie, Italy	9	36
Bollini, Venezie, Italy	10	40
Stellina di Notte, Venezie, Italy		44
Santa Margherita, Alto Adige, Italy	15	60

### SAUVIGNON BLANC

Columbia Crest "Two Vines", Washington	9	36
Matua, Marlborough, New Zealand	10	40
Echo Bay, Marlborough, New Zealand	12	44
Kim Crawford, Marlborough, New Zealand	13	52

### INTERESTING WHITES

14 Hands "Hot to Trot", BLEND, Washington		46
Waterbrook, Melange BLANC, Columbia, Washington	12	48
Banfi Centine Toscana, ROSE, Italy		48

*CHARDONNAY*

	GLASS	BOTTLE
Magnolia Grove, California	9	36
Ste. Michelle, Indian Wells, Columbia, Washington		40
Kendall Jackson "Avant", California	11	44
MacMurray Ranch, Russian River, California	13	52
Sonoma-Cutrer, Russian Rivers, California	15	60
Cakebread Chardonnay, California		70

*PINOT NOIR*

Canyon Road, California	9	36
DeLoach, Russian Rivers, California	13	52
Meiomi, California	14	50
Willamette Valley Vineyards "Whole Cluster", Willamette Valley, Oregon	15	60
MacMurray Ranch, Russian Rivers, California		60

*WORLDWIDE REDS*

Caricature, BLEND, Lodi, California	9	36
Gascon Colosal, BLEND, Mendoza, Argentina	11	44
Fidelity "Crazy Creek", BLEND, Alexander Valley, California		48
Souverain, BLEND, California	13	52
Buena Vista "The Count", BLEND, Carneros, California	14	56
Beringer Knights Valley, BLEND, California		60
Rustenburg "John X Merriman", BLEND, Stellenbosch, South Africa		70
Alamos, MALBEC, Mendoza, Argentina	9	36
Gascon "Reserva", MALBEC, Mendoza, Argentina	15	60
Alexander Valley Vineyards "Sin Zin", Zinfandel, Alexander Valley, California	14	56
Penfolds "Thomas Hyland", SHIRAZ, Adelaide, Australia	15	60
Stags Leap, PETITE SYRAH, Napa, California		120

*CABERNET SAUVIGNON*

Magnolia Grove, California	9	36
Ste. Michelle, Columbia, Washington		40
Carnivore, California	11	44
Joel Gott, Columbia, Washington	13	52
Penfolds "Bin 9", Australia		60
Earthquake, Lodi, California	16	64
Kendall Jackson "Grand Reserve", Sonoma, California	17	68
William Hill, California		100
Louis Martini, Napa, California		120
Silver Oak, California		200

*MERLOT*

Glass Mountain, California	9	36
Wild Horse, Central Coast, California	10	40
Cellar No. 8, California	11	44
Columbia, Columbia Valley, Washington	13	52
Gloria Ferrer, Carneros, California		60
Sterling, Napa, California	16	64



*Refreshment Center*

# SIP SNACK



**WESTIN**<sup>®</sup>  
HOTELS & RESORTS



## REFRESHMENT CENTER MENU

*Always have your favorite snacks and beverage on hand with our convenient and affordable Refreshment Center. Simply dial Service Express® and order what you would like from our menu.*

SNACKS & SWEETS	Deluxe Mixed Nuts	3
	Pringles Potato Chips	3
	Chocolate Bar	3
	Yogurt Chewy Bar	3
	Pretzels	7
<hr/>		
BEVERAGES	Apple, Orange, Tomato, Grapefruit	3
	Fiji Bottle Water	3
	Perrier Sparkling Water	3
	Coke	3
	Diet Coke	3
	Sprite	3
	Tonic	3
<hr/>		
ALCOHOLIC BEVERAGES	Samuel Adams	8
	Guinness	8
	White Zinfandel	10
	Chardonnay	10
	Merlot	10

*Alcoholic beverages will be delivered to guest 21 years age or older and only between the hours of 6:00 AM and 10:00 PM. State law prohibits the consumption of alcoholic by anyone under the age of 21. All items subject to a 8.25% sales tax. Minimum order of \$25. After orders are placed, items are not refundable.*

# WESTIN WEEKEND

*Weekends last longer at Westin hotels, with extended breakfast hours. Whether you sleep in and slow down, or jump-start your day with a WestinWORKOUT, you can dine at your own pace.*

*For a better you.™*

BLUEBERRY BANANA SMOOTHIE 	7
Made with soy milk, honey, all natural granola brittle	
BLUEBERRY ORANGE GRANOLA PANCAKES 	15
Citrus berry salad, maple syrup and whipped bytter	
EGG WHITE BROCCOLI CHEDDAR OMELET 	15
Cured roma tomatoes, breakfast potatoes or spring salad	
SPICY SMOKED TURKEY TACO 	13
Scrambled egg, cheddar and salsa	
FRENCH TOAST	15
Texas toast in vanilla cinnamon batter with syrup	
STEAK AND EGGS	19
Tender 8 ounce New York strip served with three eggs cooked to order, breakfast potatoes and choice of bread	

**SuperFoodsRx™**

*Extended breakfast available Saturdays and Sundays (or local equivalent) until 3:00 p.m.*

*“These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital.” - Dr. Steven Pratt, author of *SuperFoodsRx: Fourteen Foods That Will Change Your Life*.*

*\*\* Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.*

## IN-ROOM SPA MENU

### CLASSIC

This traditional Swedish-style massage uses light to moderate pressure, with techniques varying from gliding to kneading, to promote thorough relaxation.

*60/90 minutes \$120/\$160*

### ACTIVE

Especially beneficial for the physically active individual, this treatment offers a deep, strong massage to alleviate tightness and strain.

*60/90 minutes \$120/\$160*

### PRENATAL

Using body cushions specially designed for the mom-to-be, this customized method helps increase circulation and provides relief from swelling and cramping.

*60/90 minutes \$120/160*

### COUPLES

A romantic and revitalizing experience for two, personalized to each recipient's individual needs.

*60/90 minutes \$240/320*

For the ultimate renewal experience add one or more of the following services (or order at least two of these services without massage):

### REFLEXOLOGY

Deep massage on pressure points in your feet or hands.

*30 minutes \$70*

### FACIAL

Spa facial includes hot pack, deep cleansing, mask moisturizer and massage

*30 minutes \$70*

### EXFOLIATING SCRUB

Exfoliation treatments eliminate dead surface cells and leave your skin smooth and youthful. Helps increase circulation and blood supply for improved nutrition, oxygenation, and detoxification.

*45 minutes \$60*

Services are offered in the comfort and privacy of your guestroom.

Chair massages for large groups or meetings are also available.

To arrange a service or for additional assistance, please contact service express.

*10 am -8pm, seven days a week*





